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# Health campaign topics

Teaching Resource

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## **Staying Safe:**

Protecting yourself or others from harm caused by unsafe situations or behaviours.

*Example of a health campaign:*

Preventing sexually transmitted diseases

## **Growing Bodies:**

Information about body parts, and how they change, grow and develop over time.

Relates to the physical, mental and emotional changes that occur as young people grow and develop

*Example of a health campaign:*

**Preventing sexually transmitted diseases**

## **Respectful Relationships:**

Building healthy and respectful relationships  
with people around us.

*Example of a health campaign:*  
Communicating safely online

## **Emotional Wellbeing:**

Having a positive self-identity and interacting with others in a healthy and respectful way.

*Example of a health campaign:*

Having a healthy body image

## Diversity:

Understanding the diverse range of personal identities in our society, in particular sexual and gender identity, and the impact of external factors on developing personal identities.

*Example of a health campaign:*

Preventing discrimination against same sex attracted people